

#### JOHAN GEYSER

# PSALM 3 (NLT)

I lay down and slept [safely]; I awakened, for the Lord sustains me. (:5 AMP)

The avid test of a true spirituality is whether you sleep at night and stay in your commitments during the day. - R Rolheiser

#### WE ARE INVITED TO...

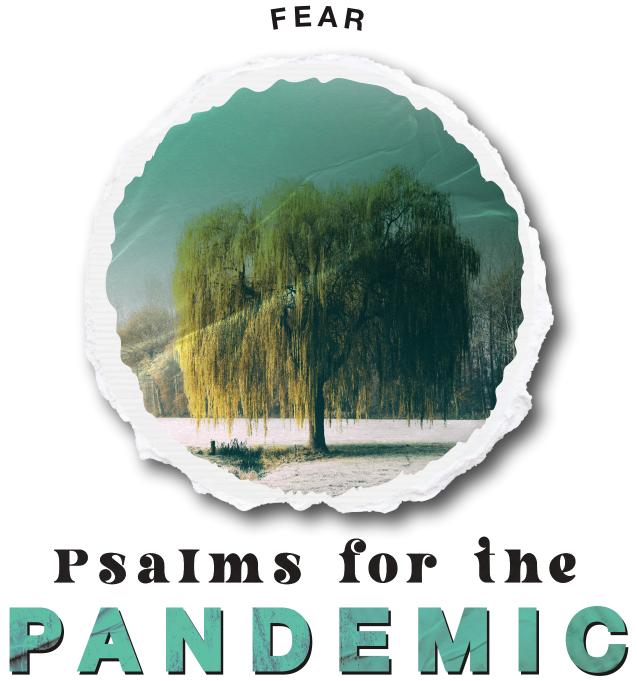
### 1. COURAGE

But you, O Lord, are a shield around me... (:3)

## 2. VULNERABILITY

But you, O Lord, are... my glory... (:3)





JOHAN GEYSER

## 3. ACTION

But you, O Lord, are... the one who holds my head high. (:3)