



MAIN GOAL

To develop and implement a training model that is theologically founded on the Bible and presented in a holistic, integrated, contextual and practical way.

VISION

The Academi strives to present theologically founded (Bible-based) learning experiences through a holistic process that integrates and contextualises all the spiritual, rational and practical elements that will enable students to live with purpose.

TRAINING OUTCOMES

- Mosaïek Academi has implemented a holistic approach to training. This means that your theological studies will not only be a cognitive exercise but will also be integrated with spiritual, practical and physical components. It will be a whole-person learning experience.
- **Integration.** The different elements of the training will not take place in isolation. Instead, all facets will be connected in an interdisciplinary way to better understand the bigger picture.
- **Context analysis.** This means that your context is applied to learning methodologies. The training is built on a strong theological foundation that underpins all practical skills development. The objective is not only to gain knowledge but also to equip students with skills that will enable them to apply the Bible and theological knowledge to contemporary situations.
- **Training is practice-driven.** Thus, students are given practical skills that will help them to function more effectively in their particular area of ministry. Distance learning is integrated with regular face-to-face interactive opportunities between students and lecturers that promote exposure to practical theology.
- Mosaïek Academi is **missionally focused**, and therefore each subject area stands in the service of the musicological command to the Church.
- Mosaïek Academi also guides students through a process of **discovering their gifts and ministries**, employing a number of measurement tools to assist students further to reach their full potential in ministry.
- **Technological resources** are utilised to enhance the overall training experience.
- Mosaïek Academi is **ecumenical** in its approach, and therefore students from any church background are welcome to register.

PASTORAL SUPPORT I – JACQUES BORNMAN**Rationale & Module outcome**

The course is based on the following outcomes:

- To equip the student with very basic practical emotional care and support skills.
- To present the student with some basic theoretical perspectives regarding wholeness.
- To give the student some practical experience within the field of emotional and relational, support and to integrate this practice with theory.
- To assist the student also with their own personal growth and learning.
- To assist the student to be able to do effective support giving in the community.
- To further the students interest within the field and continue learning and also developing their own personal growth both interpersonally and within the community.

The course consists of the following:

Study Unit	Theme/Scope/Study Material
1	Introduction and overview (Mind, Body, Soul - Wholeness)
2	Narrative Approach – Story telling Culture
3	Genogram (Family patterns) and Open Ended Questioning
4	Person-Centered People (Rogers) and Socratic Questioning
5	You can only give what you have (Integration)
6	Practical Class

Study Material

Corey, G. (2009). *Theory and Practice of Counseling and Psychotherapy* (8th ed.). Belmont, CA: Thompson Brooks/Cole.

McLeod, J. (2009). *An Introduction to Counselling* (4th ed.). Open University Press

Articles will also be handed out as the module progresses.

Total prescribed pages of study material - 1081 pages

Evaluation

Class attendance

- The lectures will comprise of 8 contact sessions (2 sessions per quarter). These contact sessions will be face-to-face group lectures and will also include examination times.
- There will be a weekend retreat at Origins.
- All contact sessions and the retreat are compulsory
- All these will be engaged with a strong theoretical basis, integrated practical guidance plan and resources as well as personal growth through the year needs to be showed.
- Students will be required to complete two assignments during the year, which will count 25% each towards the final mark.
- Both assignments will be written / typed on a personal level or case that the student might have encountered.
- Students will be expected to conceptualize the case on a theoretical level and integrate a practical guidance plan and other resources.

Examination

Students final mark will be made up of their middle of the year and final assignment (50%), portfolio (25%), class presentation of one practical role play client they dealt with and final interview - the latter two will count 25% towards the final mark.

Credits

Type of learning activity	Hours
Lectures (face-to-face contact, limited interaction or technologically mediated)	100
Tutorials: Individual or small groups of 30 or less Groups of more than 30	25
Practical academic sessions (e.g. laboratory sessions)	
Practical workplace experience (e.g. experiential learning and workplace-based projects)	100
Independent self-study of standard texts and references (e.g. study-guides, books, journal articles)	150
Independent self-study of specially prepared materials (print-outs, multi-media, etc.)	150
Peer interaction	25
TOTAL:	550