

Klipkerk *Lectio Divina*

In die week...

Jy word uitgenooi om die *journey* rondom die week se Skrifgedeelte voort te sit. Die volgende praktyk mag jou hierin help:

Preparation

Raak vir 'n paar oomblikke stil om ten volle teenwoordig te word.
Bring jou gedagtes, jou gemoed en jou asemhaling tot bedaring.

Passage

Lees die Skrifgedeelte vir die eerste keer deur – stadig en aandagtig.
Luister om te hoor wat die Here vir jou sê.
Watter woord, konsep of waarheid staan vir jou uit of tref jou hart?

As Jesus started on his way, a man ran up to him and fell on his knees before him. "Good teacher," he asked, "what must I do to inherit eternal life?" Why do you call me good?" Jesus answered. "No one is good—except God alone. You know the commandments: 'Do not murder, do not commit adultery, do not steal, do not give false testimony, do not defraud, honor your father and mother. "Teacher," he declared, "all these I have kept since I was a boy." Jesus looked at him and loved him. "One thing you lack," he said. "Go, sell everything you have and give to the poor, and you will have treasure in heaven. Then come, follow me." At this the man's face fell. He went away sad, because he had great wealth.

Jesus looked around and said to his disciples, "How hard it is for the rich to enter the kingdom of God!" The disciples were amazed at his words. But Jesus said again, "Children, how hard it is to enter the kingdom of God! It is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God."

The disciples were even more amazed, and said to each other, "Who then can be saved?"

Jesus looked at them and said, "With man this is impossible, but not with God; all things are possible with God."

Mark 10:17-27 (NIV)

Ponder

Reflekteer op dit wat na jou toe gekom het uit die Skrifgedeelte.
Hoe sal dit lyk, voel en wees as ek dit leef?
Wat het ek nodig om dit te doen?

Prayer

Reageer met 'n persoonlike en spontane gebed.

Peace

Word vir 10 minute saam stil waar jy jou gedagtes, hart en gemoed tot stilte bring – na 'n plek waar jy net saam met God kan wees – en bewus word van sy rus en liefde.

Om innerlik stil te raak kan jy of 'n gebed herhaal of eenvoudig terugkeer na die woord/frase (gebedswoord) wat tot jou spreek in die Skrifgedeelte, om jou intensie te bevestig om by God te rus.

Presentation

Skryf jou ervaring neer in 'n joernaal. Jy kan weer later daarna terugkeer vir gebed en bepeinsing.

Weeklikse tye vir *Lectio Divina* in Klipkerk:
Maandae tot Donderdae 12h00
Sondae 18h00



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